



# Private One-to-One Career Advice Sessions at LeKheir

February 7th – 11th 2018

By Mrs. Lama Younis



Hissah Enrichment Center and LeKheir will be offering one to one consultations with Mrs. Lama Younis aimed at helping you uncover the keys to boosting your creativity and to thriving in a life of meaning and purpose.

The one to one consultations are for students ages 14 and over from all walks of life, who want to fulfil their potential and uncover the keys to thriving in their career and creativity.

We at Hissah Enrichment Center and LeKheir look forward to helping young people develop an awareness of their capabilities as leaders that strive for the betterment of themselves and their community. With innovative, participatory programming, students will develop a recognition of their inner strengths and how they can leverage this source of power to enhance and impact their lives and their surrounding environment. We will help participants who are ambivalent about their career trajectory to examine their core strengths and interests to better prepare themselves for successful career decisions. We will be providing participants with answers to their questions while facilitating opportunities for personal and creative growth and development.

*The one to one consultations will be offered at LeKheir Headquarters in Riyadh  
Appointments can be coordinated with Mrs. Lama Younis directly via email  
[lama@hissahec.com](mailto:lama@hissahec.com) or mobile +971529833111  
or by contacting t LeKheir at [workshops@lelkheir.com](mailto:workshops@lelkheir.com) or 0550509427*

# Sessions Offered

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## **Coaching and Life Success Skills (90 minutes) SR 1,575**

## **Coaching and Life Success Skills with Assessment (120 minutes) SR 2,785**

Effective life coaching is a form of change-facilitation that 'enables' rather than 'trains' people. Our aim is to provide you with the skills and support needed to identify your goals, become aware of obstacles that stand in the way of your success and help you to overcome these obstacles. Rooted in insight-based approaches, every session in this series offers an opportunity to go deeper in refining personal transformation and in unlocking your true potential.

## **Enrichment of Interpersonal Skills (60 minutes) SR 1,210**

## **Enrichment of Interpersonal Skills (90 minutes) SR 1,575**

## **Enrichment of Interpersonal Skills with Assessment (120 minutes) SR 2,785**

Well-developed interpersonal skills are vital for success in the workplace and beyond. We help you to develop your communication and "people" skills, to overcome resistance, and engage and motivate people to work with you towards your goals.

## **Understanding Personality (90 minutes) SR 1,575**

## **Understanding Personality with Assessment (120 minutes) SR 3,150**

The 16 MBTI personality types have been used for many years to facilitate group dynamics in leading companies. In this interactive session participants will be guided through several different methods designed to assist them in identifying their own personality type; to identify the potential strengths and weaknesses of their personality type; and consider how to work effectively with people of differing personality types.

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**Exploring my Career (90 minutes) SR 1,940**

**Exploring my Career with Assessment (120 minutes) SR 3,510**

Research tells us that we will change careers a number of times in our lives. At times, we need to step back, refocus and refine our career outlook. Looking back in order to move forward empowers us to discover our authenticity, affirm our talents, and reclaim our own power. In this particular one-on one format, we help participants who are ambivalent about their career trajectory examine their core strengths and interests to better prepare themselves for successful career decisions.

**Pedagogy and Learning Support (90 minutes) SR 1,940**

**Pedagogy and Learning Support with Assessment (120 minutes) SR 3,510**

This service is designed to help students excel academically. The aim of our learning support programs and self-development activities is to increase student academic performance through individualized diagnostic, prescriptive, and instructive educational plans. We provide learning style assessment and counseling, multimedia resources to support student learning, as well as workshops and seminars on student learning.

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This sessions will be given by Mrs. Lama Younis, a Children's Rights Activist, Criminologist, Forensic Psychologist and Traumatologist. She is the Founder of Hissah Enrichment Center and The Lama Campaign.

To read more about Mrs. Lama Younis, our services and assessments please visit [www.hissahec.com](http://www.hissahec.com)

